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 **schleswigholsteinurlaub**
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moments

TURISM REGIONS
SCHLESWIG-HOLSTEIN

- North Sea
Inland
Baltic Sea and Holstein Switzerland
Duchy of Lauenburg
Cities

Kiel state capital

Ratzeburg administrative centre and official town of the district or independent town

- Mud flats
Large sandbank
Large beach



From Germany's true North to Hamburg.

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NORTH SEA

Walk from one island to another on the sea bed. Feel the mud between your toes. Watch the cloud patterns and wade through the hip-deep saltwater channels with your heart pounding.

You will find expanse and quiet on the islands and the mainland. Sandy beaches run for kilometres at Sylt, Amrum and St. Peter-Ording. Enough space to be alone, to walk, to clear your head. Strong winds almost always blow on the North Sea. If you want a challenge, landsailing is the thing: whiz through the sandbanks on three wheels and feel the power of the North Sea wind - free facial peel included.



BALTIC SEA AND HOLSTEIN SWITZERLAND

Sunshine sparkles on the waves of one of Europe's most beautiful sailing areas. Seagulls circle and steal each other's finds.

The wind is refreshing and leaves a hint of salt and water on the skin. Breathe deeply, lie back in your beach chair and feel the joy in the here and now. That's what a day feels like on one of the many beaches along the Baltic, which are ideal for a family holiday with children. Moving inland, the Baltic region inspires excursions and picnics with its lakes, forests and hills. The charm of rural living in northern Germany is flourishing in the villages of Holstein Switzerland with their farmyards, reed-thatched houses, old churches and cottage gardens.



INLAND

Nature in Schleswig-Holstein's inland areas has many faces. River landscapes, marshes and moors shape the land of the Eider-Treene-Sorge region in the north-west and Holsteiner Auenland in the south. In-between lie nature parks with forests, hills and lakes.

If you take the time to discover these landscapes, you will experience the true beauty and variety of nature in the real north. The best way is on foot or by bike - for example, on the 245-kilometre Ochsenweg (Hærvejen) track. The well-signed cycle route runs from Wedel on the Elbe via Flensburg to Rendsburg on the Kiel Canal, past the 100-year-old railway viaduct, under which the transporter bridge takes passengers from one side of the canal to the other.



DUCHY OF LAUENBURG AND STORMARN

Forest covers much of the Duchy of Lauenburg. Take the time to discover what's special about this region in south-east Schleswig-Holstein.

Well-signed walking trails and cycle routes run through the nature park and reserves, past observation towers, garden cafés, to information points and through the historic towns of Ratzeburg, Mölln, Lauenburg and Geesthacht. Water has also shaped the landscape of this region at the gateway to Hamburg: 40 lakes offer a wealth of opportunities for a holiday with trips by ship, boat or a canoe.



TOWNS AND CITIES IN SCHLESWIG-HOLSTEIN

Truly diverse: The towns and cities in Schleswig-Holstein are the perfect destination for a mini break in the far north! They are sure to delight lovers of culture or shopping, foodies, but also business travellers.

Whether against a historic or modern backdrop, whether on the coast or centrally inland, the towns and cities always fascinate their visitors anew. Experience the colourful variety on offer for your holiday in the towns and cities of the land between the seas!



TIME FOR ALL-ROUND WELLNESS

Prevention and recovery

Better fitness and health, recovery from an illness, targeted healing or a relaxing break from everyday life - all offered by our spas and health resorts in Schleswig-Holstein.

The healthy fresh air and the inspiring, varied scenery are the best conditions if you want to do something proactive about your well-being or just recharge your batteries. You're always in the right place here!

Better quality of life through prevention

The options for health prevention in Schleswig-Holstein's spas and health resorts are founded on a holistic approach to health.

This includes:

- expert medical care
- long-term impact even after your stay
- comprehensive advice about health problems
- diverse treatments with natural products

For advice and information on the health packages available please contact:

Heilbäderverband
Schleswig-Holstein e. V.
Tel.: +49 (0) 431 - 21 08 83 8
info@heilbaederverband-sh.de
www.heilbaederverband-sh.de



EXPERIENCE CULTURE IN SCHLESWIG-HOLSTEIN

Whether museums, palaces and manor houses, parks and gardens, festivals or historic old towns: Schleswig-Holstein is rich in culture. Discover the heritage of the Vikings in Haithabu or the Slavs in Ostholstein.

Follow in the footsteps of famous artists and writers like Emil Nolde and Thomas Mann. Enjoy the maritime flair of the historic old towns like the UNESCO World Heritage Site of Lübeck or immerse yourself in the history of sights like Gottorf Castle. The vast cultural and natural landscape is ideal for walks or cycle tours along historic trading and pilgrimage routes. More tips for your cultural holiday: www.sh-tourismus.de/en/culture

EVENTS

International water sports events with top athletes, traditional festivals from the Biikebrennen to the Kutterregatta, events to delight your taste buds, the finest musical tastes from classic to heavy metal or Wild West adventure with the Karl-May Festival - find these and many more highlights at www.sh-tourismus.de/en/events



Biikebrennen, North Friesland

Every year on 21st February, the people of North Friesland on the islands and the mainland bid farewell to the winter with huge bonfires at the Biikebrennen.



Kiel Week, Kiel

It is the largest sailing event in the world and with around 3 million visitors a year, it is also the biggest summer festival in Northern Europe - Kieler Woche. Experience the unique atmosphere in the Kiel Fjord for nine days.



Karl-May Festival, Bad Segeberg

Europe's most beautiful open-air theatre transports young and old alike to the Wild West of Winnetou and Old Shatterhand with lots of thrills, stunts and fire.



Travemünde Week, Travemünde

The second largest regatta in the world offers the finest sailing for ten whole days. Informal atmosphere, beach life and the show are the highlights that draw people to Travemünder Woche year after year.



Wattölümptiade, Brunsbüttel

Lots of "wattletes" come every year to compete in the Mud Olympics in the North Frisian disciplines, such as the eel relay, welly throwing and Nordic Watting. The winners naturally receive Olympic medals, while spectators are sure of a fantastic time.



Wacken Open-Air, Wacken

Every year, the world's biggest heavy metal open-air festival increases the number of people living in the small village of Wacken from 1,835 to around 75,000 and has achieved absolute cult status.

CONTACT

North Sea
+49 (0) 4841 - 89 75 0 · info@nordseetourismus.de
www.nordseetourismus.de

Baltic Sea
+49 (0) 4503 - 88 85 25 · info@ostsee-sh.de
www.ostsee-schleswig-holstein.de

Town and cities in Schleswig-Holstein
+49 (0) 431 - 67 91 07 0 · maks@sh.de
www.staedte.sh

Duchy of Lauenburg
+49 (0) 4542 - 85 68 60 · info@hlms.de
www.herzogtum-lauenburg.de

Inland
+49 (0) 4821 - 94 96 32 60 · info@regionnord.com
www.regionnord.com

Amrum
+49 (0) 4682 - 94 03 0 · info@amrum.de
www.amrum.de/en

Dithmarschen
+49 (0) 481 - 21 22 55 1 · info@echt-dithmarschen.de
www.echt-dithmarschen.de

Eckernförder Bay
+49 (0) 4351 - 71 79 0 · info@ostseebad-eckernfoerde.de
www.eckernfoerdeerbucht.de/home.html

Fehmarn
+49 (0) 4371 - 50 63 00 · info@fehmarn.de
www.fehmarn.de/en

Flenborg Firth
+49 (0) 461 - 90 90 92 0 · info@taff.sh
www.taff.sh/en

Stream Landscape Eider-Treene-Sorge - Grünes Binnenland
+49 (0) 4638 - 89 84 04 · info@tourismus-nord.de
www.eider-treene-sorge.de

För
+49 (0) 4681 - 30 45 · tourismus-gmbh@foehr.de
www.foehr.de

Hohwacht Bay
+49 (0) 4381 - 90 55 0 · info@hohwachterbucht.de
www.hohwachterbucht.de/startseite-eng.html

Holstein Tourism
+49 (0) 4124 - 60 49 52 · info@holstein-tourismus.de
www.holstein-tourismus.de

Holstein Switzerland
+49 (0) 4522 - 99 95 0 · info@holsteinischeschweiz.de
www.holsteinischeschweiz.de

Kiel Fjord
+49 (0) 431 - 67 91 00 · info@kiel-marketing.de
www.kiel-sailing-city.de/en

Lübeck
+49 (0) 451 - 40 91 92 8 · info@luebeck-tourismus.de
www.luebeck-tourismus.de

Bay of Lübeck
+49 (0) 4503 - 77 94 100 · info@luebecker-bucht-ostsee.de
www.luebecker-bucht-ostsee.de

Mittelholstein
+49 (0) 4331 - 21 120 · info@mittel-holstein.de
www.mittel-holstein.de

OstseeFerieland
+49 (0) 4562 - 256235 · marketing@groenitz.de
www.oostseeferieland.de

Ostseefjord Schlei
+49 (0) 4621 - 85 00 50 · info@ostseefjordschlei.de
www.oostseefjordschlei.de

Probstei
+49 (0) 4344 - 41410 · info@probstei-ostsee.de
www.probstei-ostsee.de

St. Peter-Ording-Eiderstedt
+49 (0) 4863 - 99 92 22 · info@tz-spo.de
www.st-peter-ording.de

Sylt
+49 (0) 4651 - 82 02 0 · info@sylt.de
www.sylt.de/en

Wagria (OstseeSpitze)
+49 (0) 4362 - 50 34 13 · tourist-info@heiligenhafen.de
www.oostsespitze.de

LEGAL NOTICE

Editor:
Tourismus-Agentur Schleswig-Holstein GmbH
(TA.SH), Wall 55, 24103 Kiel, Tel. +49 (0) 431 - 600 58 40,
info@sh-tourismus.de, www.sh-tourismus.de

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